

CARE PACKAGE

Virtual Care on Your Schedule

As our new telemedicine provider, Accolade Care offers 24/7 virtual access to board-certified doctors and therapists, so you can take care of your health whenever and wherever you need. If you're enrolled in an L3Harris-sponsored Blue Cross Blue Shield medical plan, connect with Accolade Care from your phone, tablet or computer for a full range of physical and mental health support.

Same-day and next-day appointments are available for:



Urgent medical issues such as cold and flu, sinus infections, urinary tract infections, back pain, rashes, etc.



Management of chronic conditions such as diabetes, high blood pressure, high cholesterol, asthma, etc.



Primary care, including preventive care, screenings, prescriptions and refills—even select a primary care physician (PCP) to build an ongoing relationship



Mental health support for anxiety, depression, ADHD, substance abuse, and more



A specialized Care Team of nurses and care coordinators also is available 24/7 to answer questions by phone or in-app messaging.

To get started with Accolade Care, visit Accolade via the link on LHXcare.com or download the Accolade app from the [App Store](#) or [Google Play](#).



Important Reminders



Check Your Beneficiaries

It's important to make sure your beneficiary designations reflect your current wishes. See the **Beneficiary Designations** section under the **Your Benefits** tab on [LHXcare.com](https://lhxcare.com) to learn how to view and/or update your beneficiaries.



Don't Miss the Flexible Spending Account (FSA) Deadline

April 30 is the final deadline to submit any 2024 Health Care or Dependent Care FSA claims. Smart-Choice Accounts, the FSA administrator, cannot accept claims or documentation postmarked later than April 30, and any funds remaining after all eligible claims are submitted will be forfeited. See the FSA Summary Plan Description—available on the enrollment site via the link on [LHXcare.com](https://lhxcare.com)—for more information.



Turn to the EAP for Support

Our Employee Assistance Program (EAP) partner, SupportLinc, offers all employees and their household members unlimited 24/7 telephonic support from professional counselors and up to six face-to-face or virtual sessions per clinical issue, per person, per calendar year. Plus, SupportLinc's digital tools and resources are designed to support you in all areas of your well-being. EAP services are free and confidential. Call **1.888.903.0648** or visit supportlinc.com (group code: l3harris).



Feel Better with Hinge Health

If you're enrolled in an L3Harris-sponsored Blue Cross Blue Shield medical plan, Hinge Health offers digital support for muscle and joint pain and pelvic health concerns. Your Hinge Health team of licensed physical therapists and health coaches will review your needs and develop a personalized program to provide relief, including exercises, video support, health coaching and online learning tools. Call **1.855.902.2777** or visit hingehealth.com/L3Harris to enroll.

Start with LHXcare.com

Our benefits microsite, [LHXcare.com](https://lhxcare.com), is your one-stop resource for L3Harris benefits information. Look for monthly benefits spotlights, an overview of your L3Harris benefits, plus a guide to where you can learn more about specific topics.

This publication generally describes benefit plans available to eligible non-bargained L3Harris employees working in the continental United States and certain eligible L3Harris employees subject to a collective bargaining agreement. L3Harris reserves the right to change or terminate any benefit plan at any time for any reason without advance notice. All benefits are subject to the terms and conditions of the applicable plan documents, which will control in the case of any conflict. Receipt of this publication should not be considered a guarantee of eligibility for the benefit plans nor should it be considered a contract or guarantee of employment or continued employment or any specific terms of employment. Employment with L3Harris is generally on an at-will basis.