




# Bringing the science of today to the medicine of tomorrow



## Personalized Health Navigation: Tailored Just for You

Benefit from health guidance based on your DNA to optimize your health from the top clinical labs and health experts. Access support and personalized navigation for preventing and/or managing cancer, in coordination with your healthcare providers.

### Essential Genomics

-  **Genetic Health Screen**  
An accurate, medical-grade DNA test that analyzes genes to identify a predisposition to developing hereditary cancers, cardiovascular diseases, and additional conditions.
-  **Pharmacogenomics (PGx)**  
Helps uncover how you metabolizes and responds to medications. This knowledge helps reduce an adverse drug reaction and increase drug response.
-  **Carrier Screening**  
Identifies a potential risk of having a child affected by a recessive genetic disease.

### Precision Cancer Care

Should you or your family member face a cancer diagnosis, our cancer services team will provide personalized support throughout the course of treatment, including such steps as:

- **Personalize oncology navigation**
- **Comprehensive genomic profiling**
- **Peer-to-peer physician consult**
- **Expert pathology review**
- **Much more**

1 in 6

Roughly 1 in 6 people carry a genetic change that increases their risk for diseases that have medical interventions available<sup>1</sup>

1 in 4

1 in 4 patients is prescribed medications with a gene based drug<sup>2</sup>

## Why genomics matter

For the first time in history, people can prevent disease before it happens, diagnose disease more accurately and treat individuals better based on their specific genetic makeup.

### Prevention

Identify risks prior to or early in disease progression.

### Precision cancer care

Get treated based on your unique molecular causes of disease.

### Diagnosis

More accurately diagnose disease to improve outcomes and lower costs.

### Pharmacogenomics (PGx)

Optimize the right drug and right dose based on your unique genetic makeup.

## Activate your Genomic Life benefit

Take the first step towards a healthier future by activating your account today! Access proactive genetic screenings and personalized cancer navigation services with your exclusive benefit.

- 1 To get started you'll need your personal access code.  
*Not sure what your access code is? Check your email for instructions or email [navigation@genomiclife.com](mailto:navigation@genomiclife.com) for assistance.*
- 2 Visit [member.genomiclife.com](https://member.genomiclife.com), choose "Sign up here" and follow the steps.
- 3 Once on your dashboard, follow the prompts to "Get Started" to receive your personalized recommendations.

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